

LEGEND:

BB = Big Book Study
 BM = Beginner's Meeting
 C = Closed
 D = Discussion
 LD = Literature Discussion
 NS = Non-smoking
 O = Open
 S = Speaker
 ST = Step Study



English-Speaking AA Meeting Schedule

Mannheim Keep It Simple Group

AA website: www.aa-europe.net

Germany-wide AA HELP Line: 01803- 22 43 57
(9ct. per minute)

MEETING /LOCATION	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kontaktstelle K2,10 68159 Mannheim <i>See map page 2</i> <i>See road description page 3</i>		6:30 p.m. O/BB/ST/ NS		6:30 p.m. O/11 th ST/ NS		9 a.m. O/BB/NS	
Sullivan Barracks, ASAP building, bldg number 214 <i>Pls read notes below</i>	12 noon O/BM/NS						

Sullivan Barracks: This meeting is on US military premises and only accessible for US ID-Card holders.

Meeting Styles

Open Meetings: As the term suggests, meetings of this type are open to alcoholics and their families and to anyone interested in solving a personal drinking problem or helping someone else to solve such a problem.

During the meeting there is usually a period for local AA announcements, and a treasurer passes the hat to defray costs of the meeting hall, literature, and incidental expenses. The meeting adjourns, often followed by informal visiting over coffee or other light refreshments.

Guests at AA open meetings are reminded that any opinions or interpretations they may hear are solely those of the speaker involved. All members are free to interpret the recovery program in their own terms, but none can speak for the local group or for AA as a whole.

Closed Style Meetings: These meetings are limited to alcoholics. They provide an opportunity for members to share with one another on problems related to drinking patterns and attempts to achieve stable sobriety. They also permit detailed discussion of various elements in the recovery program.



The meeting is at the Kontaktstelle K2, 10 (K2 street, house number 10). It is located inside the CVJM building (1st floor, corridor to the right). The house stands out because of its many colors (upper floors). CVJM is the German equivalent of the YMCA, called the CVJM or Christlicher Verein Junger Menschen.



There is a pay for parking garage right across the street but you can park for free at the parking place that belongs to the MVV building in the Neckarvorlandstrasse. (The parking entrance doesn't look very public, but it is. The bars are disassembled and there is no pay system). The parking lot sign says "Mitarbeiter" - for employees only - but ignore this sign – it is out of date!!! Park on the upper deck (Mitarbeiter). Walk to the meeting on Luisenring (first 200 m back in direction Kurpfalzbrücke) and then cross Luisenring at the Street-train-Stop Kurpfalzbrücke. Thus you directly arrive at the K2-block (the corner next to K1-block). Then walk down the K2 block until you come to house number 10 (50 m).

Road description Kontaktstelle K2,10 - 68159 Mannheim

Option 1:

- Coming from A5 (Karlsruhe) go on A656 *direction Mannheim* at Kreuz Heidelberg.
- Coming from A6 (Stuttgart, Nürnberg) go on A656 *direction Mannheim* at Kreuz Mannheim.
- Coming from Heidelberg, go on A656 *direction Mannheim*.

(A656 is the Autobahn between Heidelberg and Mannheim.)

Stay on A656. Soon after the Mannheim-Neckarau exit A656 will turn into B37, always stay on this road. Approaching the city of Mannheim the speed limit on B37 will go from 100 km/h to 70 km/h to 50 km/h (flash, when overspeed). Soon after the speed limit turns to 50 km/h you will see the Planetarium and some green on your left side.

You will come to an intersection. There go straight ahead into 'Augustaanlage'. Always go straight ahead (about 1,5 km) until you see the Mannheim water tower to your left and come to another intersection (with Mannheim City-Ring). There turn right into 'Friedrichsring'. Stay on this road. After a while you will see a blue tower, the MVV-building, ahead and a Neckar bridge to your right, called 'Kurpfalzbrücke'. The name of the road will then change into Luisenring.

Do not cross the bridge but stay on the Ring-road. After the bridge take the first possibility to the right into 'Neckarvorlandstrasse'. You will now be right in front of the MVV building where you can park. (The parking entrance doesn't look very public, but it is. The bars are disassembled and there is no pay-system). Park on the upper deck. Walk to the meeting on Luisenring (first 200 m back in direction Kurpfalzbrücke) and then cross Luisenring at the Street-train-Stop. Thus you directly arrive at the K2-block (the corner next to K1-block). Then walk down the K2 block until you come to house number 10 (50 m). The house stands out because of its many colors (upper floors). The meeting place is located inside the CVJM-building (1st floor) and is named Kontaktstelle K2,10.

CVJM is the German equivalent of the YMCA, called the CVJM or Christlicher Verein Junger Menschen.

Option 2:

- Coming from Frankfurt (A67+A6): Take the exit at Viernheimer Kreuz onto B38 *towards Mannheim Center*.
- Coming from Kaiserslautern/Worms (A6): At Viernheimer Dreieck go towards Mannheim (still A6). Take the exit at Viernheimer Kreuz onto B38 *towards Mannheim Center*.
- Coming from Darmstadt (A5): Take the exit at Kreuz Weinheim onto A659 towards Viernheim/Mannheim. Cross the Viernheimer Kreuz. After the Viernheimer Kreuz A659 turns into B38. Follow B38 *towards Mannheim Center*.
- Coming from Weinheim and Viernheim: Go on A659 towards Mannheim. Cross the Viernheimer Kreuz. After the Viernheimer Kreuz A659 turns into B38. Follow B38 *towards Mannheim Center*.

The speed limit on B38 will change from 100 km/h to 90 km/h to 70 km/h to 50 km/h.

Always stay on this road (about 9 km) until you cross the Neckar River. The street name then is Friedrich-Ebert-Strasse and the name of the bridge is Friedrich-Ebert-Brücke. Shortly after crossing the Neckar river the B38 road will curve to the right. You will see the National Theater on your right side and will come to a T-section (with Mannheim City-Ring).

There leave B38 and turn right into 'Friedrichsring'. Stay on this road. After a while you will see a blue tower, the MVV-building, ahead and another Neckar bridge to your right, called 'Kurpfalzbrücke'. The name of the road will then change into Luisenring.

- Follow the above description (starting with 'Do not cross the bridge'...)

Option 3:

Alternate way from Kaiserslautern/Worms (via Ludwigshafen) - not suggested for first-time!

- exit A6 at BASF/Worms-exit (just before River Rhein) and take B9, then L523

- follow L523 (about 7 km parallel BASF) and cross Rhine on "Kurt-Schuhmacher-Brücke (B44)

- enter Luisenring (B44), direction South-East - (from opposite side compared to above - blue MVV-tower on your left)

- drive to Kurpfalzbrücke-circle

- make U-Turn back into Luisenring

- follow the above description (starting with 'Do not cross the bridge'...)